



New Vistas partners with and supports people with disabilities and families of children with special needs to enrich their quality of life in New Mexico.

www.newvistas.org

NEW VISTAS

New Vistas became New Mexico's first independent living center in 1981 and continues to lead in the development of innovative programs. As a result, New Vistas receives frequent recognition from people we serve as well as local state and federal agencies, such as United Way of Santa Fe County, New Mexico's Early Childhood Education & Care Department, and the Administration for Community Living.

WHO WE ARE

New Vistas is:

- A center for Independent Living dedicated to pursuing a social justice model of disability rights and increasing awareness of disability needs for people across the lifespan.
- An agency that models the abilities of people with disabilities; with a majority of staff and Board of Directors who are people with disabilities or who have children with special needs or disabilities.
- A private, community-based, 501(c)3 non-profit organization that operates within communities across New Mexico's diverse populations and landscapes.

WHAT WE DO

As a leader in the development and implementation of innovative programs, New Vistas prides itself on providing high quality, community-based services including:

- Independent Living skills development and guidance and support for individuals with disabilities across the lifespan.
- Early intervention services for families of children with special needs from birth through age three.



New Vistas promotes independence and self-reliance using the following five core services as the foundation for all programs:

- Advocacy (systemic and individual)
- Independent Living Skills Training
- Peer Support
- Transition Support
- Information and Referral

OUR VALUES

New Vistas believes in:

- Prevention of isolation due to disability or chronic health conditions
- Promotion of disability rights and the understanding of disability needs
- Evidence-based practices
- Person and family-centered practice based on relationships, trust, and mutual respect
- Cultural sensitivity and competence
- Inclusion (integration and least restrictive environment)
- Collaborative, responsive partnerships
- Person and family-directed services based on choice

For more information on New Vistas and the services we provide, please visit our website at

www.newvistas.org

or review this brochure for contact information.

Together we can improve the lives of New Mexicans!

EARLY INTERVENTION PROGRAM

What are early intervention services?

Early intervention services benefit children from birth to three years of age who have or are at risk for developmental delays. Services are:

- Planned and delivered in the home through a partnership between families and Early Intervention professionals.
- Coordinated to meet the identified developmental needs of the child within the context of family and include:
 - Developmental screenings and evaluations
 - Specialized instruction and child development activities
 - Speech, physical and occupational therapy supports
 - Infant mental health services
 - Parenting education and support services
 - Family counseling
 - Social work services
 - Nutrition supports
 - Parent to parent linkages
 - Service coordination
 - Nursing supports



New Vistas provides family-centered early intervention services for children, birth to three years of age, who have or are at risk for a developmental delay as part of the provider network funded by the Family Infant Toddler Program through the New Mexico Early Childhood Education & Care Department.

Services in the home are designed to support families and to promote optimal development in their children through:

- Parenting education and support
- Individualized parent instruction about infant and toddler development and health
- Individualized family service coordination
- Identifying and using community resources
- Consultation and direct service assistance with other professionals, providers and community programs
- Developmental evaluations and ongoing assessments

With offices in Santa Fe and Las Vegas, the New Vistas Early Intervention Program serves the counties of Santa Fe, Mora and San Miguel.

For more information regarding the New Vistas Early Intervention Program, please call

505-471-1001 or toll-free 800-737-0330.



DISABILITY SUPPORT AND ADVOCACY PROGRAM

Independent Living Services

New Vistas provides consumer-oriented and consumer-directed services for people of all ages with all types of disabilities. Our service area for independent living services includes Colfax, Harding, Los Alamos, Mora, Rio Arriba, Santa Fe, San Miguel, Taos and Union counties. Independence and community integration are keystones of our independent living programs, and advocates work one on one with consumers to address identified independent living goals.

WHY WE ARE QUALIFIED TO OFFER DISABILITY SUPPORT

As an Independent Living Center, we are involved in our communities and participate in national, state and local groups to ensure that we remain aware of issues relevant to the disability community. Our expert staff understands the “big picture” of what it is like to live with a disability. Every day we take calls, meet directly with people, and quickly respond to consumers’ questions and needs. We have a wealth of information to help you get what you need.



OUR CORE SERVICES

- **Disability Advocacy**
We help you find your voice to advocate for yourself and others
- **Independent Living Skills**
We guide you on the path to independent living as you strengthen your abilities and develop new ones.
- **Peer Support**
We connect you with others who relate to living with a disability.
- **Information & Referral**
We serve as your link to disability resources in the community
- **Transition**
We support your transition, from school to the next step in your life, to a more independent living arrangement, or back into the community

CLASSES

All classes are free and are held in safe and supportive environments.

- **Healthy Community Living**
- **Living Well in the Community**
- **Working Well with a Disability**
- **Pathways to Health My Chronic Disease**
- **Diabetes Self-Management**
- **Tai Chi for Arthritis and Fall Prevention**
- **Transition Group for Special Education Students (18-22 years old)**

As you can see, we do a lot.

There is no one thing we do. Our consumers don't fall neatly into categories. Every challenge is unique. We're here to provide guidance and support, to help individuals, families, and friends understand and cope with disabilities, increasing well-being, self-reliance, and independence.

For more information regarding New Vistas Disability Support & Advocacy Programs, please call

505-471-1001 or toll-free 800-737-0330.

COUNTIES SERVED BY NEW VISTAS:

Colfax *San Miguel*
Harding *Santa Fe*
Los Alamos *Taos*
Rio Arriba *Union*
Mora

New Vistas Funding Sources

- Administration on Community Living
- Early Childhood Education & Care Department
- New Mexico Department of Human Services
- City of Santa Fe Children Youth Commission
- Private Foundations
- Individual Contributions

If you, a family member, or a friend has a need, contact New Vistas at:

Santa Fe Office

1205 Parkway Drive, Suite A
Santa Fe, NM 87507-7234
(505) 471-1001 Voice/TTY
(800)737-0330 Nationwide Toll Free
(505) 471-4427 Fax
info@newvistas.org

Las Vegas Office

624 University Avenue, Suite 600
Las Vegas, NM 87701
Mail to: PO Box 3539
Las Vegas, NM 87701
(505) 425-5044
(505) 425-0168 Fax
info@newvistas.org

If you are interested in supporting the mission of New Vistas, you may donate through the New Vistas website at **www.newvistas.org** or send contributions to:

New Vistas
1205 Parkway Drive, Suite A
Santa Fe, NM 87507-6201

Charitable contributions to New Vistas, a 501(c)3 organization, are tax-deductible.

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